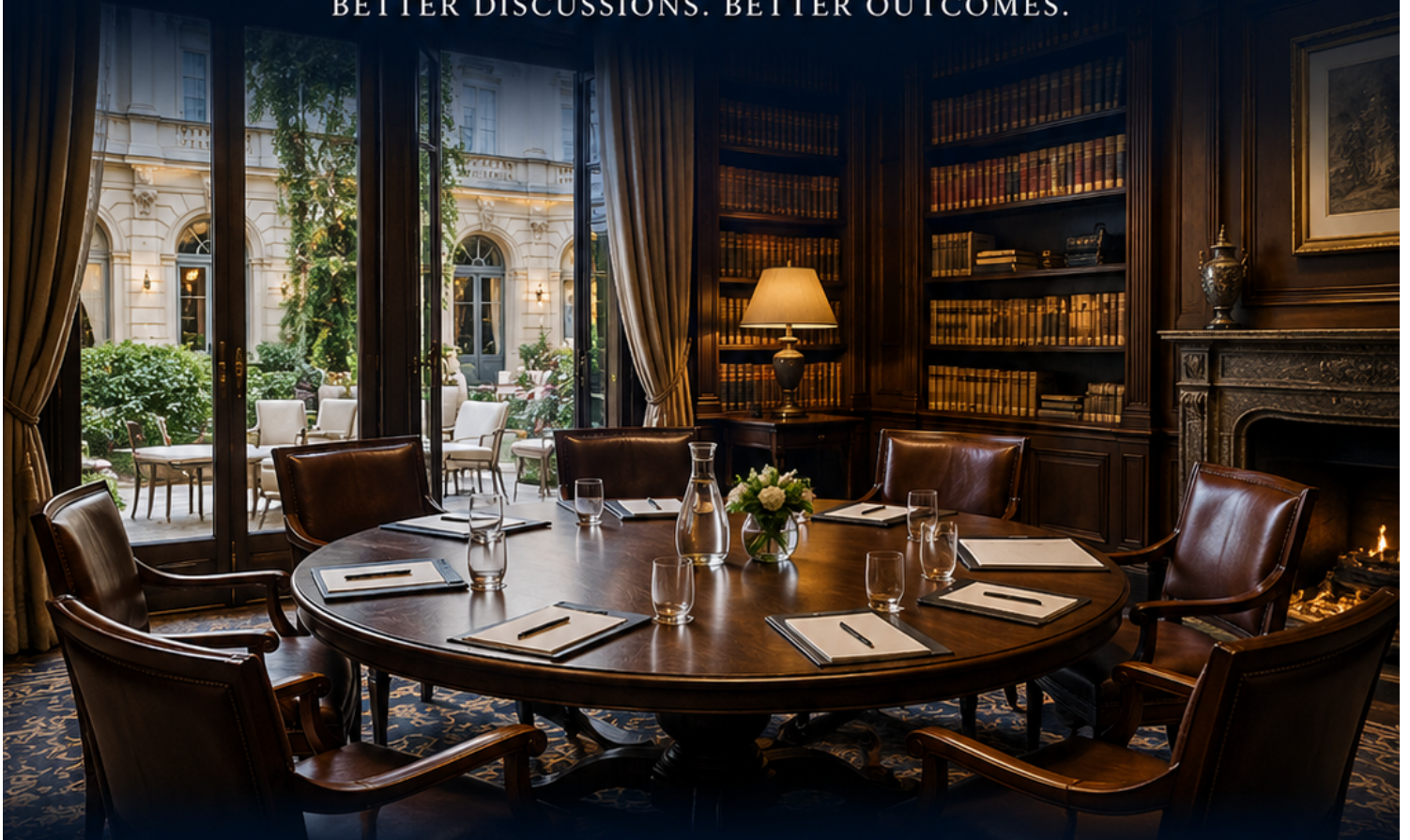




# Pain Perspectives:

## Advances in Facial Pain & Headache Management

A SMALL FORUM. SIX PERSPECTIVES.  
BETTER DISCUSSIONS. BETTER OUTCOMES.



BUENOS AIRES,  
ARGENTINA



NOVEMBER  
11-15, 2026

DISCUSS.  
COLLABORATE.  
ADVANCE.

A dedicated forum for specialists from different backgrounds  
to examine the same clinical problem together.

## About the Forum

Pain Perspectives is a faculty-led interdisciplinary forum dedicated to discussing complex presentations of facial pain and headache. Participation is intentionally limited to six clinicians from complementary disciplines involved in the diagnosis and management of orofacial pain.

Unlike traditional lecture-based continuing medical education, the forum is built around structured case discussions, allowing participants to engage in active clinical dialogue, shared diagnostic reasoning, and the exchange of perspectives across specialties.

Academic sessions are facilitated by Jeremy Spevick, MD, FRCPC, neurologist and headache specialist.

Each morning is reserved for three hours of structured discussion (9:00 AM–12:00 PM). Conversations focus on real clinical cases involving migraine, trigeminal neuralgia, temporomandibular disorders, and other challenging presentations of facial pain and headache. Participants are encouraged to submit cases in advance so that discussions can be grounded in authentic diagnostic and management challenges encountered in practice.

In modern clinical environments, opportunities for interdisciplinary case dialogue are often limited by the demands of busy clinics, hospitals, and academic schedules. Pain Perspectives was created to provide clinicians with protected time to examine the same clinical problem together.

The 2026 forum represents the inaugural edition of an annual series developed by NEI Conferences. The objective is simple: to create an environment where diverse clinical perspectives can inform one another, challenge assumptions, and ultimately contribute to better patient care.

While mornings are dedicated to academic discussion, afternoons and evenings remain flexible, allowing participants to experience Buenos Aires—one of the most culturally vibrant cities in the Americas and an inspiring setting for reflection and conversation.

The forum reflects NEI Conferences' Travel & Learn philosophy: creating opportunities where continuing medical education, interdisciplinary exchange, and meaningful cultural experiences coexist.

Accreditation — Category 1 CME credits — application in progress.

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## Welcome to Buenos Aires

Buenos Aires was selected as the setting for this forum because of its remarkable cultural and intellectual life.



The programme will be based in the Recoleta neighbourhood, one of the most beautiful and walkable areas of Buenos Aires. Within a short distance are places such as the historic Recoleta Cemetery, the Museo Nacional de Bellas Artes, elegant cafés, tree-lined parks, and some of the city's most interesting bookstores and small galleries.

November was chosen deliberately, as it marks the beginning of spring in Buenos Aires, when the city's jacaranda trees line the streets in full violet bloom.

While mornings will be reserved for structured clinical discussions, the afternoons are intentionally open so

participants can experience the city at their own pace—whether that means wandering through Recoleta, discovering the antiques and unexpected finds of the San Telmo market, or simply enjoying the extraordinary culinary culture for which Buenos Aires is known.

Over the years, I have found that many colleagues prefer a balance between shared experiences and time to explore a city independently. This balance lies at the core of NEI's Travel & Learn philosophy, where the destination itself contributes to the broader learning experience.

Rather than scheduling excursions each afternoon, I have prepared a series of curated guides and maps that participants can follow at their own pace, choosing the route that best suits their interests, mood, or energy on a given day.

Some may choose a quiet afternoon of cafés and bookstores, others a walk through parks and historic neighbourhoods, while some may prefer markets, food, or small

boutiques. Each option is designed as a simple route that allows participants to experience the city naturally without feeling over-scheduled.

One evening, however, will be reserved for a shared group experience, creating a moment for everyone to gather.

The following pages introduce additional elements of the programme, including the discussion venue, a traditional Argentine asado, and one of the city's more intimate tango performances.



## A Different Kind of Discussion Table



Recently, I was asked why the Buenos Aires Pain Perspectives Forum is limited to six clinicians.

The answer is quite simple.

With six people, the discussion becomes real. Everyone has a voice, and over several days, there is time to think, exchange, and get to know one another. At this size, something else happens.

There is no need to compete for time. Each question or case can be explored properly, and the discussion begins to build rather

than fragment. People respond directly to one another, not just to the group.

It is also the point where colleagues begin to remember each other's perspectives. Trust develops quickly, and conversations continue naturally beyond the formal sessions. Six different clinical perspectives come together around the same table, not to present, but to work through complex cases collaboratively.

Pain Perspectives has been designed as a small, curated forum. Academic, but also comfortable. A setting where colleagues can speak openly and leave with relationships they can rely on in their clinical work.

NEI has felt for some time that there is room for this kind of symposium, something more focused, more personal, and intentionally different from traditional formats.

## The Setting of the Discussion



The room itself was considered as carefully as the forum's format.

Rather than a traditional meeting space, the sessions will take place in a smaller, more intimate private library setting designed to support conversation.

There is no podium, no formal separation between faculty and clinicians, no expectation to present, and no audience.

The intention is simple. Everyone is there to contribute, not to perform.

The role of the faculty is to guide the discussion, not to lecture.

Questions are introduced, cases are examined, and the conversation develops naturally, with each clinician bringing their own perspective.

In this setting, the pace is different. There is time to follow a line of reasoning, to question assumptions, and to build on one another's thinking while trust develops within the group.

Each element has been chosen with care. The size of the group, the structure, and the room all support the same objective: to create an environment where meaningful academic exchange and output can take place.

## The Setting Within the Palacio



The forum will take place at the Palacio Duhau, an iconic landmark built in the early 20th century that reflects the period's architectural language.

Originally a private residence, this is still evident in the space's scale and atmosphere. The proportions, materials, and level of detail have been preserved. High ceilings, tall windows, and natural light define the room.

The sessions will be held in the private library within the Palacio.

It is a room that supports conversation without distraction, where the scale, layout, and adjacent terrace contribute to the environment we are seeking.

The Palacio was chosen not for display but for its influence. It does not impose itself, yet it shapes how we sit, listen, and speak.

Each element of this forum has been considered with care. This is a small group by design, and each of you is part of that intention. The goal is not only discussion but also a different approach to exchanging ideas and building on one another's thinking.

This is the first of its kind for NEI, and it reflects a direction we have been considering for some time. Those in the room are not only participating but helping to shape how this model evolves.

## Why Jeremy Spevick, MD, FRCPC?



One of the earliest decisions I had to make when developing Pain Perspectives: Advances in Facial Pain & Headache Management was who would guide the discussion. That decision was important because this forum is not built around lectures. It requires a faculty member who is comfortable exploring ideas, asking questions, challenging assumptions, and bringing together clinicians from different specialties around the same table.

Jeremy Spevick was the first person I approached. I had known him for several years and knew him to be thoughtful, measured, and genuinely interested in how collaboration contributes to patient care.

More importantly, he immediately envisioned what I was trying to create. When I first described the concept, Jeremy focused on the discussion itself. He saw the value in bringing together clinicians from different backgrounds and creating an environment where complex clinical problems could be examined from multiple viewpoints.

Prior to arriving in Buenos Aires, biographies for all participants, including faculty, will be circulated to the group. We want everyone to understand who is at the table and the experience they bring before the discussion even begins.

## How the Mornings Unfold

We begin around 9 am.

Walking into the Palacio and into a room reserved for the group alone immediately sets the tone. You arrive, you settle in, and the discussion begins. There is no formal call to a lecture room.

Before arriving in Buenos Aires, a short bio of each participant will be shared, so you already have a sense of who is at the table.

Once the group is confirmed, we will circulate questions, intentions, and selected case material.

The expectation is not presentation, but preparation.

Over a second cup of coffee, the conversation may return to the previous evening — a chef-led asado arranged specifically for the group. It is not an easy table to access, and the experience will carry into the morning, both in discussion and in perspective.

If a break is needed, the terrace off the library offers a natural extension of the room, where conversations tend to continue rather than stop.

Some elements will be decided together: how the discussions are documented, whether they lead to written reflections or remain within the room. What takes shape in these mornings will come from those at the table. That is very much the point and something we are looking forward to seeing unfold.

## What Remains Once It Is Over?

The value of the forum is not limited to the days in Buenos Aires.

There is more to an academic meeting than certificates, CME credits, and learning objectives. These matter, but they are standard. If that is all one takes away, the experience is limited.

I have attended and organized international conferences with thousands of delegates. That is not what this is.

Over the past few years, I have been thinking about smaller, travel-based academic meetings.

We began with a group of six in Morocco, then Dubai. Something changed along the way. The format led to relationships, ongoing dialogue, and a shared way of thinking about clinical problems. That is what this forum is built on.

Clinicians will leave with perspectives, not just answers. They will have met colleagues they trust, people they can reach out to, exchange ideas with, and continue conversations beyond the meeting itself. The intention is to create depth rather than repetition, and to support an academic exchange that continues after the forum ends.

Post-meeting commentary is something we are actively considering. This is not simply something to attend. It is something that remains with you.

## Self-Guided Exploration in Buenos Aires



For those who may wish to explore Buenos Aires outside the morning sessions, we will provide a series of self-guided routes.

One example is an afternoon in Recoleta. If it is a Saturday, begin at the artisan market (Feria de Artesanos de Plaza Francia), which is best visited earlier in the day. It is an excellent place to find locally made pieces: leather belts, jewelry, and small works by independent artists. If you are looking at silver, it is helpful to know the distinction between plata (real silver) and alpaca, which is not actually silver despite its appearance.

From there, continue to the Recoleta Cemetery. While many visitors look for Eva Perón's tomb, we will provide a short list of additional sites to make the visit more of an exploration. For

international visitors, there is an entrance fee, payable by debit or credit card only.

Depending on interest, the route can continue with a stop at Porongo for an introduction to preparing and drinking yerba mate, followed by one or two nearby museum stops before returning.

Each route will be provided as a simple map, available in print or via QR code, and can be followed independently, depending on the day's rhythm.

## Mate in Buenos Aires



You will quickly notice that "mate" is part of daily life in Buenos Aires.

It is an infusion made from the dried leaves of the yerba mate plant. It is prepared in a small gourd, sipped through a metal straw, and refilled throughout the day. What makes it different is not the drink itself, but how it is consumed.

Mate is shared. It is passed from one person to another and accompanies conversation rather than interrupting it. You will see it everywhere. In parks, on walks, and carried from place to place. It is less about taking a break and more about continuing in a moment.

The first time I visited Buenos Aires, I saw it everywhere but did not fully understand it. I did not even have the opportunity to try it, yet

everyone I knew, family and friends, asked me to bring it back.

For those interested, we have included Porongo in one of our self-guided routes. It is a small space dedicated to mate, where you can learn how it is prepared and experience it properly.

We are also happy to suggest where to find the vessel styles most commonly used locally, whether for quieter mornings or for carrying throughout the day.

## Returning to Buenos Aires



Recently, I have been abroad conducting site inspections for the 2027 forums.

While travelling, I found myself comparing each destination to Buenos Aires and thinking carefully about what truly shapes an experience.

What became clear to me is that Buenos Aires has an energy that is difficult to replicate elsewhere. The city feels open, social, and constantly in motion.

I personally love vintage markets, and the Sunday San Telmo Market is one of my favourite places in the city. Antique shops line the area while kiosks and vendors stretch for blocks along Defensa St., beginning near Plaza de Mayo

and continuing past Plaza Dorrego. Clothing, glassware, artisan crafts, old signage, and original artwork; it is all there. But honestly, just moving through the crowds is part of the experience.

If you are hungry, the historic Mercado de San Telmo is steps away and filled with small food stalls and cafés. There are also countless places to stop for empanadas or choripán while wandering through the market.

Six invited clinicians, one faculty moderator, and Buenos Aires as the setting for the first Pain Perspectives series.

What will you find in the market?

## Beyond Buenos Aires



Several participants have already asked about extending their stay before or after the forum. If you are considering a few extra days in this beautiful country, Northern Patagonia is worth serious consideration.

On my first trip to Argentina, I wanted to cross something off my bucket list. I had read about the southern right whales in Peninsula Valdés and that November was peak season to see them in large numbers. One of the most memorable experiences I have had in Argentina was not in Buenos Aires at all.

One thing I have learned about travelling is that details sometimes become foggy, but people always remember where they were, what they experienced, and the moments that would never have happened had they not taken the trip.

Travelling between cities in Argentina is extremely common. From Buenos Aires, you can fly directly to Puerto Madryn or Trelew and pick up a rental car upon arrival. The port in Puerto Pirámides is small and easy to navigate. The whale-watching tours are approximately 90 minutes, and seeing these animals in their natural environment is something I will never forget.

And yes, this is my photo, taken from the boat! It remains one of my fondest travel moments ever.

## Fogón Asado



The first time I visited Buenos Aires for a site inspection in 2024, I kept reading about Fogón Asado. It was consistently ranked among the city's top dining experiences and described by many as one of the finest asados in Argentina.

I had to see it for myself. I booked months in advance and then forgot about it.

When the evening arrived, I was sent an address and arrived by Uber. To my surprise, the exterior was remarkably understated. The doors were locked. A small group of diners lingered outside, all of us looking at one another, wondering if we were in the right place. At exactly 7:00 pm, the door opened. Guests were welcomed inside, shown to their seats, and introduced to a room unlike anything I had expected.

A large open asado sat at the centre, surrounded by diners on all sides. Once everyone was seated, the doors closed. I remember thinking that it felt less like a restaurant and more like being admitted into a secret society.

If I describe the food, the chefs, or the experience in too much detail, I will spoil it for you. What I will say is this: it remains one of the most memorable meals I have had while travelling.

One year later, Fogón Asado was named the #1 Fine Dining Restaurant in the world by TripAdvisor.

For Buenos Aires 2026, I have reserved a private table for our clinicians and accompanying partners. I cannot wait to share the experience with you.

## The Tango Evening



One evening in Buenos Aires will be reserved for a tango experience arranged specifically for the group.

The intention was never to create a tourist programme, but to include something that reflects the city's atmosphere and identity.

The evening will take place within the Faena Hotel. The room itself is smaller than many people expect, which completely changes the experience. You are close enough to hear the movement across the floor, the pauses in the music, and the reaction within the room itself. It feels immersive rather than distant.

One of the interesting things about tango in Buenos Aires is that it never really feels separated from the city around it. You will see performances throughout the more touristic areas, but this is something entirely different. The setting is intimate, the audience is limited, and the experience feels far more authentic than productions designed for large crowds.

As with the rest of the forum, the evening was chosen carefully. Not only for the performance itself but also for the shared experience surrounding it. Some experiences only make sense in the city where they belong.

## Registration Information & Accompanying Persons

### **Pain Perspectives: Advances in Facial Pain & Headache Management Buenos Aires, Argentina | November 11–15, 2026**

This interdisciplinary forum is intentionally limited to six invited clinicians in order to facilitate meaningful discussion, collaboration, and professional exchange.

#### **Early-Bird Registration Fee: USD \$1,600**

The registration fee includes:

- Participation in the academic programme
- Three mornings of facilitated interdisciplinary discussion sessions
- Refreshment breaks during programme hours
- Programme materials
- On-site coordination and participant support throughout the forum

The registration fee does not include:

- Airfare
- Accommodation
- Airport transfers
- Personal expenses
- Optional social activities

#### **How to Register**

Registration Form:

**<https://form.jotform.com/261534654722054>**

**Registration requests are reviewed by NEI Conferences to ensure a balanced interdisciplinary group and an optimal discussion environment.**

#### **Accompanying Persons**

An optional accompanying persons programme is available.

Accompanying Person Fee: USD \$480

Includes participation in social components, on-the-ground coordination and support by NEI, certificate of participation (non-accredited), and organized morning experiences.

Further details regarding accompanying persons' activities and registration will be provided separately.



# We Look Forward to Welcoming You to Buenos Aires



**NEI CONFERENCES**

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