

# NEUROLOGY FOR THE NON-NEUROLOGIST

WITH SPEAKER JEREMY SPEVICK, MD, FRCPC

MAY 11-16, 2024 FÈS, MOROCCO

A SERIES FOR MEDICAL AND DENTAL PROFESSIONALS



# OUR STORY

NEI Conferences was established in 2000 under Eventis Meeting Solutions Ltd. Created by medical professionals, dentists, and lawyers, NEI has been operating its world-renowned 'Travel n' Learn Virtually Anytime-Anywhere' platform since 2005. Today, we are embarking on a new voyage - LIVE conferences in iconic destinations around the world. Join us for the upcoming trip of a lifetime and travel with NEI Conferences at the height of luxury and comfort. Combine small group touring, CME/CDE lectures and accreditation into an experience unlike any you have had before.



Reliably bringing CME/CDE across the oceans since 2005.

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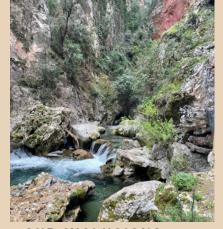
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MEDICAL AND DENTAL
PROFESSIONALS



# NEI CONFERENCES LECTURE SERIES FÈS, MOROCCO

MAY 11-16, 2024

Explore 5 nights in beautiful Fès. Visit the Bou Inania Madrasa, the Neijarine Fonduok, Al Attarine Madrasa, the Chouara Tanneries, The Blue Gate, Jnan Sbil Gardens, the Royal Palace and the Mellah. Explore the souks and have an opportunity to watch local artisans' hand-craft products. Day trip to Meknes and the Roman ruins of Volubilis, gala dinner and daily excursions included.

# OUR TOPICS

# OUR INCLUSIONS

- NEI Lecture Series and CME/CDE Accreditation/Accompanying Person Program
- · Luxury Accommodations
- Airport Transfers and private transportation between cities
- · Breakfast/dinner
- Guided walking tours and guided souk tours
- · Admission tickets for historical sites

- Migraine diagnosis and emerging treatments
- Trigeminal neuralgia and other atypical facial pain
- Stroke Prevention
- Approach to the patient with tremor
- Evaluation of a first seizure
- · Overview of cognitive impairment

# OUR TOURS

### PRE-TOUR Marrakech/essaouira May 04-08, 2024

Enjoy Marrakech and its historical sites including the Saadien's Tombs, The Mellah (Jewish quarter, gold shops, the Slat Al Azama synagogue and cemetery), Jardin Majorelle, Bahia Palace, Ibn Youssef school, and the House of Photography. Shop textiles and souvenirs exclusive to the Rose City. In the evening, visit the alluring and chaotic Jamaa El-Fna Square for entertainment, food stalls, Tagina and other delicacies. Then, relax in the windy coastal city of Essaouira. See the contrast between the two and enjoy the beach, argan oil products, seafood and the laid-back vibe of the beautiful Medina.

### PRE-TOUR Sahara desert May 08-10, 2024

A bucket list for many! Enjoy a 2 night luxury desert camp experience. Visit the Skoura Palm Groves, and Berber Villages, Morocco's Historic Kasbahs, camel trekking in the Erg Chebbi Dunes and the option to hike in the Dades Valley Region. Return transport to Fès.

### POST-TOUR NORTHERN MOROCCO MAY 16-22, 2024

Join us for 6 nights as we visit the Blue city of Chefchaouen and the Instagram-worthy sites of this fantastic city in the Rif Mountains. Hike the beautiful national park to the Akchour Waterfalls, meet local Berber families, and enjoy and partake in a traditional cooking class. Then, depart to visit the Spanish-influenced cities of Tetouane and the port city of Tangier with its legendary Hercules Caves.



# NEI CONFERENCES MOROCCAN LECTURE SERIES NEUROLOGY FOR THE NON NEUROLOGIST

Pre-Tour Marrakech 4 nights/5 days

05.04.24

#### DAY 1: ARRIVAL TO MARRAKECH

Welcome to Moroccol You will certainly be fired from your travels but, you will also be relieved to have arrived at your home away from home. Tonight we meet all under one roof to celebrate the start of our travels and NEI Conferences Series. Rest with a hot cup of mint tea before our welcome dinner will begin. Finally, with full bellies, we bid each other goodnight before we not off fo a much-needed sleep.

05.05.24

DAY 2: MARRAKECH

Enjoy as sit-down breakfast before we undergo a full day walking guided tour of Marrakech. Enjoy its historical sites including the Saadien's Tombs, The Mellah (Jewish quarter, gold shops, the Slat Al Azama synagogue and cemetery), Jardin Majorelle, Bahia Palace, Ibn Youssef school, and the House of Photography. In the evening, we will enjoy our dinner in one of the most well-known and difficult to reserve restruncts in Marrakech.

05.06.24

#### DAY 3: ESSAOUIRA

Early breakfast and then we meet our private transport which will take us to the windy city of Essaouira for the day. Essaouira is known for its artisan industries, inlaid cabinetwork, thuja boxes, and natural argan oil products. The Medina of Essaouira, formerly named Mogador is a world heritage site with whitewashed walls with bright blue paint,. One of the best experiences in Essaouira is getting lost in the winding streets. We will visit the Scala of the Kasbah, The Slat Lkahal Synagogue, taste fresh fish in the marketplace, observe how argan oil is produced, and shop for silver and berber jewelry as souvenirs.

05.06.24

#### DAY 4: MARRAKECH SOUKS AND JAMAAA EL-FNA

Today we will explore the individual souks in detail with our guide as we shop textiles and souvenirs exclusive to the Rose City. Once the sun starts to fade we will visit the alluring and chaotic Jamaa EI-Fna Square. From musicians to dancers to storytellers and food stalls (especially Tagina), the Jamaa EI-Fna square is the perfect way to say goodbye to busy Marrakech before departing for the serenity of the Sahara Desert the following mornina.



# NEI CONFERENCES MOROCCAN LECTURE SERIES NEUROLOGY FOR THE NON NEUROLOGIST

Pre-Tour Sahara Desert 2 nights/3 days

WEDNESDAY 05.08.24

DAY 1: MARRAKECH - TIZI N'TICHKA PASS - AIT BENHADDOU - OUARZAZATE

Leaving Marrakech behind, we head to Ali Benhaddou over the mountains of the High Altas passing through the Tizi N'lichka pass. We will visit the Kasbah of Ait Ben Haddou and stop for funch in a local restaurant. After, we will drive to Ouarzazate in the afternoon and stop near the Altas film studies to have some photo opportunities. Then we will continue to the hotel/rical in Ouarzazate for the night.

05.09.24

DAY 2: OURZAZZAT - KELAA M'GOUNA - BOUMALNE DU DADES -TODRA GORGES - TINEJDAD - ERFOUD - ERG CHEBBI (MERZOUGA DESERT)

After breakfast, we will drive to Tineghir passing by Boumaine du Dades and pausing for a panoramic view of the Dades Valley continuing on to Todra Gorges wia Imider and Tineghir. Once we arrive at Todra Gorges via a small hike, we will enjoy its marvellous caryon views. In the afternoon we will visit Tinejdad and have a short break for lunch. Then, we will proceed to Erfoud where we will stop by a local fossil craft workshop. Finally, we will visit the captivating dunes of Erg Chebbi, (also known as the Merzouga Dunes). When we arrive at the holel, our dramedaries will be waiting for our 45-minute trek, to enjoy the sunset. Returning, we will continue to the camp for an overright in a luxury nomad tent.

05.10.24

DAY 3: MERZOUGA - ERFOUD - ERRACHIDIA - MIDELT - IFRANE - FES

An early morning wake-up to enjoy the bucket-list sunrise on top of the dunes in the Sahara Desert followed by a plentiful breakfast. Our camels will once again be waiting to take us bock to the hotel where we will shower and prepare for our departure to Errachidia via Erfoud and Aoufous, the valley of Ziz. We make a quick stop to enjoy the panoramic views at the Oasis of Aoufous in the Taffallet region and continue to Midelt across the pass of Tizi Ntalghamt to have a lunch break. Our drive to Fès will take the path via the Cedar Forest near the Middle Atlas Mountains with a short break to spot the Barbary apes. Our last visit will be to the beautiful city of tfrane (the Switzerland of Morocco) before finally arriving at our Fixel in Fes.



# NEI CONFERENCES MOROCCAN LECTURE SERIES NEUROLOGY FOR THE NON NEUROLOGIST

#### Post-Tour Northern Morocco 6 nights/7 days

05.16.24

DAY 1: FÈS TO CHEFCHAOUEN

We begin our scenic route drive from Fès to Chefchaouen after breakfast. We will arrive late afternoon at our hotel, in time to relax with a warm cup of mint fea and prepare for dinner. Following and weather permitting, we will hike to the Spanish mosque where we will have the best view of the city - about one mile each way; both uphill and downhill. There are plenty of places to stop and take photos before we climb to the top and witness the extraordinary and colourful sunset to end our first day.

FRIDAY

05.17.24

DAY 2: CHEFCHAOUEN MEET THE FAMILY AND COOKING CLASS

A hearty breakfast and a stroll throughout the Blue City to take some instagram-worthy daytime pictures of the area. We will wisit the quaint Medina and get lost in the blue streets, stopping to take pictures on the stairwells which locals have prepared for tourists with flowers and decorations. Remember to wear white or neutral colours for the best photos!

Then, we join our kind and tolented host Ghizlane along with her family where we will learn about local food customs, introduction to preparing a traditional Moroccan meal and finally, a full dinner to sample our hard work.

SATURDAY

05.18.24

#### DAY 3: AKCHOUR NATIONAL PARK AND WATERFALLS

A 45-minute drive from Chefchaouen in the Rif mountains is a paradise waiting to be explored. Today we will walk the two trails. On one track are the lower small waterfalls and further up the trail the big waterfall, also known as the Grand Cascades. Then, on a separate track is God's Bridge; a spectacular natural bridge, which towers over the river some hundred metres below.

A visit to the clear waters and river restaurants of Akchour and the God's Bridge is a Moroccan mountainside adventure we just can't skip! For this day, pack canvas sneakers or secure sandals with buckles/velcro as your feet will get wet!



### NELCONFERENCES MOROCCAN LECTURE SERIES NEUROLOGY FOR THE NON NEUROLOGIST

#### Post-Tour Northern Morocco 6 nights/7 days

SUNDAY

DAY 4: A GUIDED WALK AROUND TETOUANE

05.19.24

Situated on the North-Western tip of Africa, Tetouan sits by the Mediterranean Sea in a beautiful valley at the intersection of two rugged mountain ranges. Tetouan's ancient walled city is a UNESCO World Heritage Site.

Tetouan's Medina has retained its authentic Andalusian soul, which makes this town the most Hispano-Moorish influenced of all Moroccan cities. This is a thoroughly atmospheric place to explore, and architectural historians regard it as the country's finest preserved Medina.

MONDAY

DAY 5: TANGIER

05.20.24

Stroll the streets of 'the White Tangier'. Just like Delacroix or Matisse did upon arrival, let yourself be carried away by the dreamy atmosphere covering the city. At the foot of the high walls of the "Kasbah", roam through the alleys of the great "Socco", and admire the fortress that dominates the Medina. A little further away, explore the "Sultan's Palace" which is nowadays dedicated to the arts of Morocco.

TUESDAY 05.21.24

DAY 6: TANGIER

We will visit Tangier renowned for the Spanish influence on its culture, starting with the arena that stands on the "Plaza de Torros", not to mention the "Cervantes" theatre built in 1913. As our last full day in Morocco, we will explore the souks and purchase last minutes gifts and items to bring home to our family and friends. Finally, we wind down our day at the legendary Hercules Caves, an archaeological cave complex and mythical grottos located in Cape Spartel, during sunset (weather permitting).

TUESDAY

DAY 7: DEPARTURE DAY FROM TANGIER OR CASABLANCA

05.22.24

We will start our day with breakfast and say goodbye to our colleagues and friends we have made along the way. The NEI Conferences Tour ends today and we will depart either for the Tangier Airport by private taxi or take the 2-hour fast train straight to Casablanca International Airport.



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\*One registration form per attendee

Please see the full itinerary for inclusions and exclusions.

#### NEI CONFERENCES MOROCCO, MAY 2024

irst name	Family name	
ddress		
1obile Phone	Email	
ccompanying Person/Room Share		
Do you have any allergies or dietary restrictions?	No If yes, pleasespecify	
Do you have mobility concerns?	No If yes, pleasespecify	
Speciality Medicine	Dentistry Office Staff	
Do we have permission Instagran	_	
Please indicate all of the following option	ons you will attend or require below:	
PRE-TOURS: MAY 04-10, 2024	NEI CONFERENCE SERIES: MAY 11-16, 2024	POST-TOUR: MAY 16-22, 2024
Pre-Tour Marrakech/Essaouira	NEI Lecture Series, Fès with a	Post-Tour Chefchaouen,
May 04-08, 2024	day tour to Meknes/Volubilis	Tetouane, Tangier
+\$1,860.00 USD	+\$2,700.00 USD	May 16-22, 2024
Pre-Tour Sahara Desert	Hammam Traditional bath	\$2,275.00 USD
May 08-10, 2024	+\$35.00 USD	Fast train ticket from Tangier to
+\$590.00 USD	Single Accommodation	Casablanca airport
Accommodation in Fès	+\$850.00 USD	May 22, 2024
May 10, 2024	Sim Card (payable on-site)	\$35.00 USD (at time of
+\$150.00 USD	Transport to Casablanca Airport	publishing)
Single Accommodation	May 16, 2024	Single Accommodation
+\$850.00 USD	+\$225.00 USD (payable to driver)	+\$850.00 USD
TOTAL A: \$	TOTAL B: \$	TOTAL C: \$
registration forms are received. Registration is fir Payment schedule: 50% due January 15, 2024, a	nd 50% due 60 days in advance. .00 USD up to December 31, 2023. From January 15	

Date (DD/MM/YY)



# **DELEGATE SURVEY**

INFUKMATIUN:	
DATE DAY MONT	E OF BIRTH: H YEAR
AME:	1
ENDER: Male Female Prefer	Not to Answer
ANGUAGES SPOKEN: French Darija Spanish Berber	Arabic
ATEGORY: Delegate Accompanying person	
OVERVIEW:	
orocco is a shopping haven and we at NEI Conferences love all the local art and products available dicating the items you are interested in so we can organize excursions and contact reputable selle ur travels. We will be with you every step of the way to negotiate your most memorable souvenir!	
PRODUCTS:	RATING:
CARPETS: Meet knowledgeable sellers who will help to ship your exact corpet home. A specialist will give ou a course in corpet buying 101 and explain all the different wools, silks and materials used. Learn about local tribes and their unique designs specific to their region. Viritage or ner- what will you choose?	YES NO MAYBE
ORGANIC FACE, HAIR AND BODY PRODUCTS: Organic prickly peer oil for under eyes and wrinkles, phossoul clay, savon noir, l'oker fassi; a mixture of poppy powder and dried pomegranate peel, cosmetic osse water and natural henna for your hair. All are handcrafted organically without chemicals.	
ARGAN OIL: Argan trees only grow in the southwest of Morocco, so it is definitely the place to buy and ensure that it is as natural as possible, made in the traditional Berber way. Buy for both culinary and osmetic reasons. It is widely famous for its benefits on all hair types, a	
SPICES: Ras el hanout is blended by individual local shopkeepers and is a mix of the best spices in the Marrakech/Pés shops, including but not limited to cumin, cinnamon, alispice, ginger and more. We sspecially like the fresh cinnamon and paprika to bring home by the kilo along with little vials of saffron.	
EATHER PRODUCTS: The leather in Morocco is unique and tanned in a way that hasn't changed in venturies. We will visit the most famous Chouara Tannery in Fez and learn about the tanning process, in his shop, you will find the highest quality leather bags, jackets, wallets, belts and pouts for the home.	
BASKET WEAVING PRODUCTS/BERBER BASKETS: These boskets originated in the Sahara and are slways handmade and extremely colourful. Bread and storage baskets and hat plates are popular as are market bags with or without leather. From small purses to placemats, they are easy to transport.	
NAND-PAINTED CERAMICS: These ceramics come in all shapes and uses, colours and sizes. The most intricate patterns are in Fès and Meknes. They can be found as tiles, dishes, candle sticks, decor and any other form you can imagine. They are fragile so we will help you pack them safely.	
SABOUCHE: Also known as beigha, the fradillional Maroccan slippers worn for centuries by men, wamen and children. They come in all colours, materials, patterns and shapes. The prettiest ones are vivid and can be worn everywhere. A definite souvenir and great as gifts. Come prepared with your list of sizes!	
ANTERNS: They can be found in most markets and come in different sizes, shapes and materials. We will take you to buy the heavier ones made of brass and not aluminum which is bendable and does not ransport well. They may be more expensive but are definitely worth it.	
ADROCCAN TEA SETS & MINT TEA: Detailed teapots, gorgeous teacups and transparent glass with trunning handmade decorations. They come in a lot of wild colours, just like everything else in Morocco. Do you want to take home the teal cleaves themselves? No problem, we will help you choose.	



# NEI Conferences Moroccan Lecture Series 'Neurology for the Non-Neurologist'

Fès, Morocco, May 11-16, 2024

#### Options

#### Pre-Tour

#### Post-Tour

Marrakesh and Essaouira May 04-08, 2024

> Sahara Desert May 08-10, 2024

Northern Morocco Chefchaouen, Tetouane and Tangier

May 16-22, 2024

#### Frequently Asked Questions

#### Q: Is Morocco Safe?

A: Yes, Morocco is a safe country, Our group will always be followed by a local guide which will help with unwanted vendor solicitation. Tourists are subject to scams and pickpockets so, caulion should always be exercised. The group will be registered with the Ministry of Tourism and our locations will always be documented.

#### Q: What currency is used?

A: The currency of Morocco is the Dirham. Money cannot be traded outside the country so, the best option is to use an ATM in the city centre or at the airport. An NEI Representative will show you the safest bank choice when you arrive. At time of writing, 10 Dirhams = approximately \$1 USD. Euros are also accepted.

#### Q: Do I need a visa to travel to Morocco?

A: Our delegates coming from Canada, United States and France do not need a visa. A valid passport that does not expire within 6 months is required.

# Q: What languages are spoken in Morocco?

A: Moroccan Arabic (Darija), Berber, French and Spanish (in the north). Classical Arabic is not readily spoken. English is understood and spoken. Our guide and NEI representative will translate as needed. A command of basic pleasantries in French is useful.

#### Q: Are souk vendors aggressive?

A: Vendors in Morocco are persuasive and relentless but, not unsafe, You may purchase items without wanting them because you were cought in a hearty debate! A firm 'no, thank you' will always work if you are not interested. Once you agree on a price, never change your mind or walk away from a sale. It is considered bad manners in Morocco.

# Q: What stores are authentic/reputable?

A: Co-Op stores must conform to the law. By purchasing products here, you are contributing to fair and ethical workplaces and wages for men and women. All the products are also guaranteed authentic and/or organic by the government.

# Q: Where should I purchase a carpet from?

A: Marrakesh or Fez and only at reputable shops. A small carpet acn be found elsewhere but, be prepared to carry it with you. Also, it will have to be cleaned upon your return and there is no way of knowing if the dyes will bleed once you bring it home.

# Q: Where should I purchase leather goods?

A: Leather goods should be purchased at the tannery shops in Fez. They are the most reputable shops and we will explain the difference between the vegetable dyes used when we arrive. Also, the leather will never have a smell (usually a manure smell due to a poor dye and quick fabrication of the leather good.

# Q: Can I make purchases using a credit card?

A: Yes, in specific shops, but you must be vigilant and watch the vendor complete the payment. Always use an automated machine requiring a pin code. Never use credit cards in street shops other than Co-Ops. Restaurants can be paid with credit cards, but make sure your bill and receipt are the same.

#### Q: Can I negotiate in all stores?

A: Absolutely, in fact, you must! If you are unsure how much you should be spending or if you need advice, please ask an NEI Representative. Remember, the excitement in negotiating is to agree on a fair price for you and the vendor. It is not about getting the lowest price.

# Q: Can I have items shipped to my home?

A: Pending on the item. If you would like to purchose a particular product that will require shipping, reach out to an NEI Representative. We will make certain to take you to the specific stores that will accommodate shipping requests. If purchosing with a credit card, it is common to add 5% to the cost of the item.

#### Q: What days are stores closed?

A: Friday. This is a day of rest for Moroccans. Most stores are closed in the morning and some tourist shops may open in the afternoon. We have non-shopping activities or scheduled travel days between cities on Friday. See the schedule for more information.

# Q: What is the best bag to carry with me?

A: We recommend 2 brands for travel, Pacsafe and Travelon. They are sold on Amazon and also at local luggage and department stores. They are slash-proof safe and lock when closed. They will perform perfectly for travels where spaces are tight and pickpocketing can be easily achieved without the right products.

# Q: What is the dress code for men?

A: Men should never wear shorts above the knee or tank tops. T-shirts or polo style shirts are acceptable but, long sleeves in natural fibres should be considered. Clothing should be plain and in neutral colours due to the extreme climate. For different elevations, consider light layers.

# Q: What fabrics are best to wear while traveling?

A: Pending on where you will be travelling with NEI Conferences, you may experience various climates at different elevations. Consider wearing clothing with natural fibres (wool, cotton and linen) or plan to wear authentic Moroccan clothing by purchasing a djellaba or kaftan in the souk.

# Q: Do women have to cover their hair?

A: No. Women do not have to cover their hair. As the sun is strong, it is best to wear a baseball cap (for men as well), or a widebrim summer hat. To protect your hair, consider bringing a light scarf that can double as a shawl when needed.

# Q: What is the general dress code for touring?

A: Women and men must dress modestly.
Pack long pants or skirts which are
suitable for the weather and climate. Shirts
or short sleeves with a jacket or sweater as
a layer is the right choice. Sneakers or
comfortable loafers should be worn as
many of the streets aren't paved.

### Q: What is the dress code for women?

A: Knees and preferably ankles should be covered as well as elbows. V-neck, low-cut or tank tops should not be worn. Long skirts and pants are both acceptable. Clothing should be plain and in neutral colours due to the extreme climate. For different elevations, consider light layers.

# Q: Can I wear my jewelry while traveling?

A: It is best to leave all jewelry and watches at home, even costume jewelry that is meant to look authentic. Both men and women should consider keeping their fingers, neck and wrists free so, they can purchase gold jewelry in the Mellah and beautiful silver and Berber jewelry throughout their frovels.

# Q: What weather can we expect in May?

A:Warm, dry and HOTI Pending on your travel destinations while with NEI Conferences, you may be in the south, on the coast, in the desert and in the mountains. You will need a light jacket for evenings and nights and loose clothing for the daytime. A packing list will be provided 1 month prior to travelling.

# Q: What covid vaccinations are required to enter Morocco?

A: Travellers must be fully vaccinated in order to travel to Morocco. At the time of writing, this refers to 2 doses. If your last dose was over 5 months ago, you may have to show proof of an additional dose. We are working with the Tourism Board of Morocco to give you the most up-to-date information.

# Q: Can I be tested for Covid while in Morocco?

A: Yes, there are many private laboratories in the cities which test for Covid. Also, an NEI Representative will have Rapid Tests available.

#### Q: Are the guides certified?

A: Our guides are certified and registered with the Ministry of Tourism. Plus, we have vetted them ourselves and can guarantee they are trustworthy and knowledgeable. Our guides will never receive commissions for recommending or bringing you to a particular store. This will be our fourth group trip together and each person is part of the NEI family.

# Q: How much should I plan to tip the guide and driver?

A: Based on how many days a particular guide will be with us, we will advise you prior to your departure so you can organize and plan ahead. Tips can be paid in USD, Euros or Dirhams.

#### Q: What happens if I contract Covid?

A: The regulations are ever-changing. At the time of writing, there is no quarantine period. We have agreements with the hotels that should one of our delegates contract Covid, they can quarantine at the last hotel visited and meet up with the group upon completing their isolation if necessary.

#### Q: Must I wear a mask?

A: You may be asked to wear a mask when visiting certain sites. We recommend having a mask while in the souks of Marrakech as there are many motorcycles/scooters and the diesel fuel can be quite intense. May is peak season and locals and tourists will be abundant. A mask will be the best protection while travelling in confined areas.

#### Q: I would like to travel before/after the conference. Can you help?

A: If you choose to travel independently before or after NEI conferences by re and post-tours, please ask us for assistance with finding you a guide, or private chauffeur/transport. Many individuals show badges hoping to be hired but, they are not always credible.

#### O: Can I drink alcohol in Morocco?

A: Yes, but you shouldn't. It is more commonplace for the younger generation to drink alcohol in Morocco but, it is best you abstain while travelling. It is possible to drink in a pub that caters to tourists however, we will not be visiting any during our travels.